

Esslemont College

# Weekly Newsletter

"Let your vision be world embracing" - Bahá'í Writings



## Acknowledgement of Country

Esslemont College acknowledges and pays respect to the past, present and emerging Traditional Custodians and Elders of the Dharug Nation and the continuation of cultural, spiritual and educational practices of Aboriginal and Torres Strait Islander peoples.

## A message from the Principal

*We, verily, have made music as a ladder for your souls, a means whereby they may be lifted up unto the realm on high; make it not, therefore, as wings to self and passion.* Bahá'í Writings

Warmest greetings as we commence Term 4. This term holds abundant opportunities for our children to expand their knowledge, nurture growth, and develop.

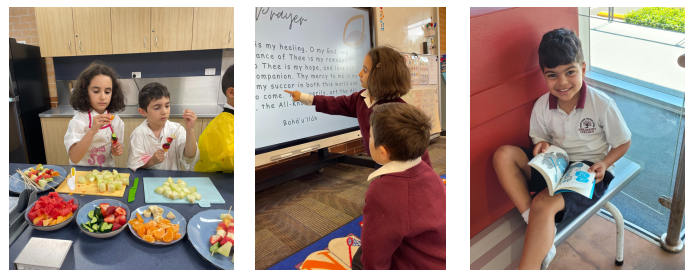
This Wednesday afternoon, the children were fully engrossed in a music lesson with Mr. Nad. He will join us weekly this term to share his musical expertise. Nadeem, a skilled musician and experienced primary school teacher, brings a deep passion for music and education to our learning environment. We are truly fortunate to have him with us every week for the rest of the term.

Our Baha'i Writings guide us with the wisdom that music is a ladder for our souls. This might suggest that music has the power to reach and elevate a person's innermost self, evoking profound emotions, inspiring contemplation, and potentially leading to heightened spiritual awareness. The Bahá'í Faith places a strong emphasis on unity and love. This statement might imply that music can be a potent tool for fostering spiritual growth, understanding, and unity among individuals from diverse backgrounds and beliefs.

In these music classes, alongside learning musicality, students will explore how to use music in a way that elevates the soul and nurtures a deeper connection with the spiritual dimensions of life.

On Monday and Tuesday of Week 2, Bahá'ís around the world will celebrate The Twin Holy Birthdays. The Bahá'í Faith has the unique honour of being founded by two Messengers of God. The Báb was born in Shiraz in 1819. Bahá'u'lláh's birth took place in Tihiran in 1827.

On Tuesday our children will be reading at a service to be held at the Bahá'í House of Worship in Ingleside commemorating the Birth of Bahá'u'lláh, the Prophet Founder of the Faith. We hope to see some of you there.



Music with Mr Nad, making fruit kebabs, practising and supporting each other during prayers, using downtime to read

## What's on next week?

**Virtue of the Week - Kindness** - "O Son of Spirit! My first counsel is this: Possess a pure, kindly and radiant heart . . ."

**Birth of the Báb** - Monday (Holy Day)

**Birth of Bahá'u'lláh** - Tuesday - Excursion to Baha'i House of Worship Ingleside and Apex Park Mona Vale

**Music with Mr. Nad** - Wednesday

**Swimming Lessons** - Thursday - Please wear sports uniform, bring swimmers, sandals, a towel and bring your drink bottles.

**Library** - Thursday - don't forget to bring your library bag and book to change!

**Homework** - Thursday - Please remember your homework book.

**Cooking - Vegetable Quesadillas**

- Whole wheat tortillas
- Shredded cheese
- Vegetables (e.g., capsicum, zucchini)
- Taco seasoning

# Classroom News



Our first swimming lesson at Castle Hill Fitness and Aquatic Centre with Miss Stacey

## A message from our Teacher

Welcome back to Term 4! We hope you had a wonderful break and are ready for another exciting term. We've had a busy week here at school, with one of the highlights being our school photos. I want to congratulate each and every one of you for your flexibility and responsibility in representing our school. Your behavior and cooperation during this important event did us proud.

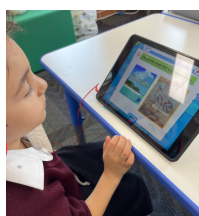
In addition to school photos, we have also had our first swimming lesson at Castle Hill Fitness and Aquatic Centre and music lesson with the talented Mr. Nad. Both of these activities were a huge success, and it was inspiring to see the determination and perseverance the students displayed. As we move forward into Term 4, let's continue to approach our studies and activities with the same enthusiasm and dedication. Together, we're going to make this term a memorable and successful one!

In our mathematics lessons this week, students have been studying number bonds and their connection to addition and subtraction. They have been using hands-on materials to better grasp these concepts. Additionally, some students have been working on one- and two-step word problems to extend their understanding of addition and subtraction, applying these skills to practical situations. It has been exciting to see them progress and improve their problem-solving abilities as they continue to explore maths in more depth this term.

## What have we been learning?

This week the students have learnt two new phonemes for the digraph 'ie'. That is, /ie/ for pie and /ie/ for field.

Our students have been actively engaging in a variety of exciting literacy activities, fostering their love for reading and writing. This has included learning how to navigate 'Writing Legends' on the iPad and using this to enhance their knowledge and skills in writing.



Writing Legends during literacy groups



Practising creating number bonds with hands-on materials and writing number sentences to match



Writing combinations of number bonds

